

# Improving outcomes for the shoulder and elbow

25 November 2021  
Venue: Pedulum Hotel, Manchester

Course convenors: Ms Deborah Higgs, Consultant Orthopaedic Surgeon,  
Royal National Orthopaedic Hospital and  
Professor Adam Watts, Consultant Orthopaedic Surgeon,  
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust  
CPD: 6 credits (tbc)

## “Expert to Expert”

BESS has a proud tradition of education and development, living up to its stated goal of “excellence through knowledge”, of course, nothing stands still and elbow and shoulder practice in the UK is constantly evolving. The ORUK-BESS annual meeting is for professionals to come together to understand the latest developments in the UK shoulder and elbow landscape and to influence future direction. As this is the second meeting for 2021 due to Covid disruption we have chosen to take the opportunity to hear from experts outside the shoulder and elbow surgery world, but whose work directly influences our practice. We hope you will find this “expert to expert” meeting stimulating and informative.

## Registration fee:

AHP: £55.00  
Trainee: £85.00  
Consultant: £99.00

Registration with ORUK is essential before registering online for our educational events. It also brings other benefits, which include applying for research funding.

Registration is free and open to all, join online here:  
[www.oruk.org/register](http://www.oruk.org/register)



## Programme

25 November 2021

09:00	Registration and refreshments
09:30	Introduction and objectives of the day Professor Adam Watts, Consultant Orthopaedic Surgeon, Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
09:40	NJR: surgeon level data Speaker TBC
10:10	NCIP portal Ms Marina Bogovac, Head of NICE and Professor Sir Norman Stanley Williams, Chair of NICE
10:40	GIRFT: elbow hubs – an update Professor Tim Briggs CBE, Consultant Orthopaedic Surgeon, Royal National Orthopaedic Hospital
11:00	Refreshments
11:25	ODEP Mr Niel Kang, Consultant Orthopaedic and Trauma Surgeon, Cambridge University Hospitals NHS Foundation Trust
12:00	NICE guidelines – DVT prophylaxis Mr Steve Corbett, Consultant Orthopaedic Surgeon, Guys and St Thomas Hospitals NHS Foundation Trust
12:30	Enhanced recovery/prehab/tranexamic Acid Professor Tom Wainwright, Associate Professor in Orthopaedics and Deputy Head of the Orthopaedic Research Institute
13:00	Lunch
14:00	The cumberlege report – (the independent medicines and medical devices safety review) implications for shoulder and elbow arthroplasty Speaker TBC
14:30	Elective surgery covid recovery Professor John Skinner, Consultant Orthopaedic Surgeon, Royal National Orthopaedic Hospital
15:00	Refreshments
15:30	RCT's and upper limb surgery: how should we interpret the results Professor Catherine Hewitt, Professor of Trials and Statistics and Deputy Director of York Trials Unit
16:00	BESS national guidelines: future development Professor Adam Watts, Consultant Orthopaedic Surgeon, Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
16:35	RCS fellowship recognition Mr Jaime Candal- Couto, Consultant Orthopaedic Surgeon, Northumbria Healthcare NHS Foundation Trust
16:45	Closing remarks Professor Adam Watts, Consultant Orthopaedic Surgeon, Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
17:00	End of day