FROM DIAGNOSIS TO DECISION-MAKING: MODERN UPPER LIMB PRACTICE ACROSS SETTINGS.

Saturday, 10 October 2026, Leonardo Hotel, Liverpool

PROGRAMME*

08:45	**09.15**	**REGISTRATION/TEA AND COFFEE**	
09:15	09:30	**WELCOME AND FRAMING THE DAY**	Local Organiser
09:30	10:00	**SHOULDER VS NECK – GETTING THE DIAGNOSIS RIGHT**	Davelee Brocklehurst
10:00	10:30	**ELBOW DIFFERENTIAL DIAGNOSIS**	Katy Boland
10:30	**10:50**	**TEA AND COFFEE BREAK**	
10:50	11:20	**EVIDENCE INFORMED CHANGING MODELS OF CARE: DOES ONE SIZE FIT ALL?**	Joanna Winton
11:20	11:50	**UNDERSTANDING AND MANAGING THE STIFF ELBOW**	Sarah Briggs
12:00	**13:00**	**LUNCH**	
13:00	14:45	**BREAKOUT SESSIONS X3 GROUPS 30 MIN EACH**	
		BREAKOUT A: SHOULDER AND NECK – PRACTICAL DIFFERENTIATION	Vanessa Langley / Davelee Brocklehurst
		BREAKOUT B: ELBOW ASSESSMENT – IT'S NOT ALWAYS TENNIS ELBOW	Sarah Briggs / Katy Boland
		BREAKOUT C: ACTIVFORCE - APPLIED STRENGTH TESTING LAB	Rob Hill
14:45	**15:00**	**TEA AND COFFEE BREAK**	
15:00	15:30	**EXPERT PANEL: INJECTIONS AND PATHWAYS**	Lisa Barrington-Ford
15:30	16:00	**'PHONE A FRIEND' – ASK A SURGEON Q&A**	Matthew Kent
16:00	16:30	**COURAGEOUS COMMUNICATION**	Jenna Bardsley
16:30	**16:45**	**CLOSE**	**Local Organiser**

*Programme is subject to change

Thank you to our sponsor

ACTIVFORCE by ACTIVBODY™

Thank you to our sponsor